

LET'S GET  
PHYSICAL

Sometimes you don't want to hit the hotel gym. Instead, stay active in the privacy of your room with a portable fitness kit that stows easily in your suitcase. Compact and lightweight, FitKit (below) includes an exercise band, resistance tube, jump rope and pedometer. There's also an online library, which provides step-by-step instructions for over 250 exercises. For those aged 50 and over, FitKit 50+ swaps the jump rope for floor markers, and suggests exercises for balance, flexibility and strength. Get moving. [fitkit.com](http://fitkit.com)



# Relax and carry on

The hands-free backpack has never been cooler – or more useful.

**ZERO HASSLE**  
Three trips to India with less-than-perfect luggage led traveller Neil Varden to create a hassle-free bag. He's done a good job of it too. Durable and lightweight, CabinZero (left) maximises the weight and size allowance of your carry-on luggage, and comes in a range of colours. A built-in tracker makes it easy to find if it wanders. [cabinzero.com](http://cabinzero.com)

**IN THE HOOD**  
No need to struggle to get a brolly up or a rain hood on in a sudden shower. Puma's backpack comes with a built-in hoodie that can be easily packed away when not in use. The latest versions, available in all-over florals (right) or all-black with a lining of palm-leaf prints, is by British label House of Hackney. [puma.com](http://puma.com)



ONE  
for  
ALL



You never know when you may need to tighten a screw on your sunglasses or open a can. But no one's about to start travelling with a tool kit or sharp objects. Enter Wallet Ninja (left) that's TSA-approved to take on board flights. It's a lightweight, credit card-shaped tool that does 18 different jobs. Use it as a hex wrench, a nail puller, a fruit peeler and a mobile phone stand. Made from four times heat-treated steel, it's durable, too. [walletninja.com](http://walletninja.com)

calendar  
mar/apr

HONG KONG  
MARCH 27-29

**HONG KONG SEVENS**  
The premier tournament in the rugby sevens series, and one of Hong Kong's biggest sporting events, draws a colourful crowd. Fan of the game or not, cast your eyes to Hong Kong Stadium's South Stand, where spectators dress in costumes, dance and generally have a good time. [hksevns.com](http://hksevns.com)

AUSTRALIA  
MARCH 31 – MAY 9



**ENDGAME**  
Award-winning Australian-British actor Hugo Weaving (left) stars in Samuel Beckett's play at the Roslyn Packer Theatre Walsh Bay (formerly Sydney Theatre). The tragicomedy is about four people trapped in a house. [sydneytheatre.com.au](http://sydneytheatre.com.au)

USA  
APRIL 3-12

**NEW YORK INTERNATIONAL AUTO SHOW**  
At the 115th edition of North America's first and largest automobile show, see virtually every make and model of car sold in the US. Plus, preview new 2015 and 2016 production models and concept cars. It's on at the Jacob Javits Center. [autoshowny.com](http://autoshowny.com)